

# Working in a New World



With COVID-19 (Coronavirus) now a global pandemic we're seeing greater numbers of employees working remotely from home.

To help you and your employees adapt swiftly and effectively to new working arrangements and policies, while minimising disruption to your business, you'll need to ensure they have the right information and support.

With current circumstances affecting businesses, online training is an effective way to engage and educate employees.

At Suncorp, we are committed to supporting you and your team during this time.

To help individuals and workplaces upskill and expand their capabilities to thrive in this environment, the Suncorp Learning Campus provides online access to thousands of training resources, sourced from the best content providers in the world.

## COVID-19 Business

by CQI Internet Solutions  
(8 minutes)

**Course overview:** How does the virus spread? Who is at risk? What are the symptoms? How can I best protect myself and others? Workplace Emergency Plan. Education and sharing correct information.

## Stress, anxiousness and anxiety

by Via Up  
(20 minutes)

**Course overview:** This course empowers you to identify and address the causes and symptoms of anxiety by providing you with the tools you need to make meaningful and positive progress. With the right information, some kindness, empathy, and a little patience, you can make a dramatic difference in your own life and the lives of others.

## Office Ergonomics

by Vivid Learning  
(20 minutes)

**Course overview:** The term "ergonomics" refers to making the workplace conducive to the comfort and productivity of the employee. Applying office ergonomics principles helps workers avoid on-the-job illness and injury and improves worker satisfaction through measures that provide greater comfort, helping people to perform assigned tasks more naturally.